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Exam 1: NUR256/ NUR 256 (New 2023/ 2024 Update) Concepts of Mental Health Nursing Exam Review| Questions and Verified Answers| 100% Correct| Grade A- Galen

QUESTION
_DSM-5

Answer:
a widely used system for classifying psychological disorders

QUESTION
_Assessment - age considerations for adolescents

Answer:
- concerned with confi- dentiality
- threat of suicide, homicide, sexual abuse, behavior that put patient at risk must be shared with professionals and parents

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QUESTION
_Peplau's 4 phases of a nurse-client relationship

Answer:
- Pre-orientation phase
- Orientation Phase
- Working Phase
- Termination Phase

QUESTION
_Preorientation phase

Answer:

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- assess for unresolved problems
- before you meet with client, gather data about client, his or her condition, present situation, examine thought about client

QUESTION

_Orientation Phase

Answer:

- Trust building
- Starts when the client meets nurse as a stranger
- Defining the problem and deciding the type of service needed

QUESTION

_Working Phase

Answer:

When the nurse and the patient work together to solve prob- lems and accomplish goals

QUESTION

_Termination Phase

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Answer:

Therapeutic conclusion of relationship occurs when: Progress has been made toward attainment of the goals.
A plan of action for more adaptive coping with future stressful situations has been established.
Feelings about termination of the relationship are recognized and explored.

QUESTION

_Dialectical Behavior Therapy (DBT)

Answer:

- Long-term therapy used for patients with intractable behavioral disorders with emotional dysregulation
- Primary therapy for BPT and patients with chronic suicidality and self-injuring behaviors
- Strategies include mindfulness, distress tolerance, interpersonal effectiveness, and regulation

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QUESTION
Misdiagnosis

Answer:
- Cultures with high stigma may somaticize their feelings
- Sadness/ hopelessness expressed as pain, headache, nausea

QUESTION
What drug is not scheduled as a PRN

Answer:
Buspirone

QUESTION
T/F? With benzodiazepines you need to worry about dependency

Answer:
True

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QUESTION
How long should you wait after a MAOI before you can start taking antide- pressants?

Answer:
Two weeks

QUESTION
Serious side effect of valproate (anticonvulsant)?

Answer:
Pancreatitis, monitor LI- PASE

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